

Just one habit

Save \$10,000

Let's work out how much money you'll save by switching one of your poor habits for a wealthy one.

Start by picking a habit you'd like to ditch and a new wealthier habit you would like to start.

Poor Habit you want to ditch _____

Wealthy Habit you would like to start _____

Take an educated guess how much money swapping habits will save you:-

How much your poor habit costs you each week _____

How much your wealthy habit will cost each week _____

Poor habit	-	Wealthy Habit	=	Saving (Weekly)
\$ _____	-	\$ _____	=	\$ _____

Then grab a calculator and multiply the saving by 52 to work out how much you will save in a year. And multiply it by 520 to find out how much you will save in ten years.

1 year Saving x 52 = \$ _____

10 year Saving x 520 = \$ _____

You have just worked out how much money you will save by swapping one poor habit for a wealthy one.

This is from Simple Savings "Save \$10,000 in 12 months" program.